

# OUTDOOR ACTIVITIES



Explore Lake Maggiore, its natural beauties and its history

### THE TEAM BUILDING EVOLVES

The Photographic Treasure Hunt is a modern revision of the classic treasure hunt and allows the company to experience real Team Building, discovering the Borromean Gulf in an harmonious atmosphere. The Photographic Treasure Hunt will take part through the paths of the Fisherman island, the majestic Bella island and the enchanting scenery of Baveno lakeside. Our trainers will be in Baveno and on the islands and will ensure the proper and safe conduct of the race, providing the requested support to each team or each participant if needed. The team that will accumulate the highest score reaching the required points of interest will win the race. The amazing activity is well planned and does not require physical skills, and each participant becomes essential in achieving the final goal.

## PHOTOGRAPHIC TREASURE HUNT DISCOVERING THE BORROMEAN GULF







An exciting challenge on the water on 10 meters canoes to experience the thrill of paddling all together in a team. An activity that strengthens team spirit, enhances the collaboration between colleagues and allows everyone to enjoy a fantastic day of outdoor sports. Add the water of the lake, the gusting wind and the excitement of the challenge and you have the perfect activity for you!

After a briefing to explain the techniques of paddling and synchronization at the beat of a drum, the teams/crews will be created. Each canoe can have on board from 10 to a maximum of 21 people. The aim is to be perfectly synchronized otherwise the canoe stays still or moves slowly or deviates. After the competition, the activity will end with the prize giving.

TEAM SPIRIT, LOTS OF FUN AND COMPETITION







The Olympic Games consists of a set of athletic sports and fun games designed to create enthusiasm, improve the team spirit but also the personal skills useful for business. The fun and the strong emotional involvement allow a greater persistence of the messages transmitted and the educational dynamics developed. During these corporate Olympic Games, the teams compete in Suspended Path, synthetic rock climbing wall and many other games chosen by the company.

Participants will be divided into teams distinguished by different colours. Each team will have a captain who will choose the strategy. All the teams will be involved in managing the time and will focus on higher value added activities. The team with the highest score will be the winner. At the end of the activities, there will be a debriefing; the trainers will analyze together with participants all the dynamics.

#### THE OLYMPIC GAMES TOGETHER WITH YOUR COLLEAGUES







From tennis to padel. From soccer to beach volleyball. Sport and fun guaranteed!

When sport calls, the athlete in us subconsciously responds. And this is how the Olympic Games field version was born. Padel, tennis, five-a-side football and beach volleyball.

Padel is the sport of the moment, managing to bring young and old together in exciting matches. The fact that it is easy to learn, even first-time players are pleasantly surprised. It may happens that our participants also discover a new hobby!

Tennis has a great charm. The red clay, the sun and the big names of the most famous tourna-ments in the world mean that as soon as they enter the field everyone feels professional tennis players. And that's where the real fun begins.

Soccer, his Majesty, the most famous sport specialty in the world. Perfect for recreating the healthy competition that distinguishes evening games with friends.

Beach volley is the typical summer activity that requires great prowess and physical endurance, it is the icing on the cake of a day dedicated to sport, as a team and individual, which aims to en-tertain but also unite and make a team!

### TEST YOUR SPORTS SKILLS, WE ARE ALL ATHLETES INSIDE!







We are all in the same boat...let's start building! During the Cardboard Boat activity, teams will have to handle an intriguing challenge: design, build, and race a cardboard boat! Not just to stay afloat but to win.

After the teams forming, trainers will describe technical project indications and some coordination and communication exercises. Participants will start designing and building the boat for the final race.

AN INTERESTING CHALLENGE WITH RECYCLED MATERIALS







To be all in the same boat, you must first build it

#OVESTEXPERIENCE

After an initial briefing, each Super Team will be broken down going to form mini teams of 3 components

#### Construction

Mini team 1: Inflate the floats

Mini team 2: Assemble the wooden supporting structure

The two mini teams combine floats and wooden structure, completing the boat by affixing the net.

#### Testing and strategy

Now we need to study the strategy: understand how to position yourself on the raft to be able to row as fast as possible without ending up in the water.

#### Let's go!

Once all the boats are positioned on shore, the relay starts with the first crew having to round the buoy and return to shore. The crew that arrives in the shortest time without capsizing wins.





# SAILING REGATA

The best Team Building metaphor

A day between dribbling, tactics and strategies to reach the buoy! Team Sailing consists of a top-level training activity: a real competition on the water, where also the beginners will experience the thrill of the challenge. As in the company, the participants will have to use techniques and strategies to reach the final goal. The activity can also be carried out for numerous groups.

The Team Building activity will be preceded by the creation of the teams according to the company's vision and needs. The sailing coach will explain the basic techniques through a formative briefing, after which the competition on the water will start (match race or fleet regattas). The activity will end with the debriefing and the prize giving.

TEAM SAILING REGATA: HAVE FUN TOGETHER!







We can organize a corporate Grand Prix!

### READY... GO!

"The craziest race in the world" lends itself very well to be included in a Team Building event, whose goal is to stay together, know each other, having fun in a smart way in the context of a corporate event/convention.

The great value of this Action Team Building is given by putting together different formats. In fact, this activity seems to belong to the type of Constructions in the phase of designing the project, and to the type of Creative Team Building in the phase of decorating.

## LET'S BUILD TOGETHER THE CRAZIEST AND HIGHLY DECORATED CAR IN THE WORLD







Let's build a plane together with your colleagues!

### READY... GO!

The activity "Crazy Plane" lends itself very well to be included in a Team Building event, whose goal is to stay together, know each other, having fun in a smart way in the context of a corporate event/convention.

The great value of this Action Team Building is given by putting together different formats. In fact, this activity seems to belong to the type of Constructions in the phase of designing the project, and to the type of Creative Team Building in the phase of decorating.

### TEAMS CAN ONLY USE RECYCLED MATERIALS







Precision and strategy to learn a new game

Cross golf is a stage circuit with increasing goals and difficulties, which can be set up in any spacious outdoor area. The course "holes" are created with a whole variety of materials.

Participants are split into teams and each group has to meet the different challenges in rotation: 10 minutes to complete the task and move on to the next stage. The team that completes the course with fewer shots wins. The stages are designed according to the needs and themes that the company wants to address. Obstacles and natural targets form part of the course to make interaction with the natural surroundings: a key component of the activity. Qualified coaches and trainers guide the participants.

AN EXPERIENCE NOT TO BE MISSED!







Adrenaline, lots of fun and competition on racetrack!

An exciting challenge on the racetrack to enjoy the thrill of a four-wheels challenge. An activity that enhances the competition and allows everyone to enjoy a fantastic day of outdoor sports. The activity begins with the initial briefing to explain driving techniques and then the group will be split into smaller subgroups.

Before starting the race, each group will have 10 minutes of free practice, during which each participant will be timed to determine the timings for the starting grid. The Karts will be then placed on the starting line and the race will begin: each group will drive 10 laps of the track. After each group has faced the challenge, the rankings will be scheduled according to the timings. The top six of each group will face each other in one last final race that consists of 13 laps, in order to determine the final winner. After the competition, the activity will end with the prize giving.

COMPETITION AND LOTS OF FUN WITH YOUR COLLEAGUES







Mount Mottarone by mountain bike

The Mountain of the Two Lakes – so called because of its situation between Lake Maggiore and Lake Orta – is famous for the unique view from its top, which takes in a long stretch of the Alpine chain, including Monte Rosa, as well as the Po plain to the south.

Ovest Meeting Planner offers a range of possible visits to the mountain for conference participants and businessmen visiting Lake Maggiore. A well-known mountain refuge located here in a marvelously panoramic situation offers a high quality menu based on the culinary specialities and wines of the local area.

## ADMIRE LAKE MAGGIORE FROM A DIFFERENT POINT OF VIEW







From Lake Maggiore to Lake Mergozzo by bike

If the clients are staying in Stresa or Baveno, our hostess/staff will meet them at the hotel lobby and escort them to the pier for the boat transfer to Feriolo di Baveno. Each boat is for max 35 pax and the journey takes about 15 minutes. Participants will meet in Feriolo the mountain bike guides (one every 20 pax) and will be given bikes and helmets. Time to cycle!

The route is along the path leading to the WWF reserve of Verbania Fondotoce, and to Lake Mergozzo.

The cycling route can easily be lengthened or shortened thanks to the varied network of trails available.

FROM LAKE MAGGIORE TO LAKE MERGOZZO







A stimulating challenge in a difficult environment

In an Orienteering competition, the group has a very clear result to obtain. Tablet with the map, compass and some spirit of adventure will be the only tools they will use to find their way in an unknown, savage place.

Orientation consists of carrying out a predefined path in natural environments featuring checkpoints called "lanterns" indicated by circles (centered in the object to be found). Each group follows the path by itself with the exclusive help of a compass and topographic map shown on the tablet. The map is very detailed on a small scale (from 1: 4000 to 1: 15,000) and contains details of the place to go.

## ORIENTEERING, TEAM BUILDING IN NATURAL ENVIRONMENTS







Paintballing is a corporate Team Building activity whose aim is to hit opponents with a gun that shoots coloured jelly balls. You don't need to be physically fit; it's all about working together with your colleagues and accomplishing challenging goals as a team: to succeed you need a well-devised strategy, careful planning and effective teamwork. The camp is surrounded by 3000 square meters of fenced forest, a unique and breathtaking setting for those who love nature and adrenaline.

Participants arrive at base camp and receive their safety gear, guns and unlimited paintballs. Before starting the activity, trainers explain the rules of paintballing and the required safety precautions. Players are split into teams and will have to complete a variety of tasks whilst trying to hamper the progress of the opposition, removing them from the game by marking them with the paintball gun. At the end of the activity the trainers, after observing the dynamics of the game, interact with the players in a debriefing session. The game's focus on teamwork and strategy combined with pure, adrenaline-pumping fun makes for an unforgettable experience.

AN EXPERIENCE NOT TO BE MISSED!







Lake Maggiore and its Valleys: a paradise for Canyoning

Canyoning is an ideal river sport activity for a dynamic and active Team Building, which allows participants to overcome personal limits thanks to the collaboration and coordination of the group. During the team building, the team will be in contact with an unspoilt natural environment to discover the Canyons, natural pools excavated from the water erosion connected by long slides of smooth rocks.

During the Canyoning activity, a Guide will accompany participants through an emotional and intense adventure in complete safety. After an initial briefing about the skills of the participants, the activity will start in the wilderness, descending with ropes and climbing harnesses inside suggestive Canyons.

### A TEAM BUILDING TO HAVE FUN IN THE MIDDLE OF NATURE







Energy, adrenaline and trust

Rafting is a group sport activity ideal for emotional and spectacular Outdoor Team Building set in a healthy environment in contact with nature. In the Lake Maggiore area, there are rivers with crystalline waters that offer moments of rare beauty and an unforgettable experience. The activity starts with a briefing carried out by a professional team, who will illustrate the proper seating and paddling techniques and safety instructions. On each raft, there will be a Guide giving directions during the run. The sports activity will be followed by a debriefing session, in which the educational elements will be provided in a structural way.

UNIQUE AND CAPTIVATING SENSATIONS







Outdoor team experience

Rogaining is a variant of Orienteering, similar to Trail Running. It takes place on a variable distance and involves both route planning (strategy) and navigation between the checkpoints that you have chosen to reach.

Rogaining is an Orienteering challenge with a larger covered area, where there are many more lanterns: each lantern has a score proportional to the distance or to the difficulty reached on the path. At the end, the total points will be calculated for each team. Teams can compete with each other or collaborate on a common strategy.

# LEADERSHIP, PROJECT MANAGEMENT AND PROBLEM SOLVING







Participants will be given their security equipment, the bows and the arrows with protected tips.

The activity develops in three moments: the first part of the activity consists in acquiring the basic skills of the static archer and then the dynamic archer, one of the latest sports news of the ASI - CONI Sports Promotion Organization; the second part of the contest, very short, is based on learning the rules of the game and safety procedures, the third and final part is the exciting team tournament, an experience not to be missed! On the battlefield only action! Communication will be difficult and the disturbing variables will inexorably change the plan of attack agreed at the table.

The leader will have to manage the team but it will not be easy ... The temptation to get out of the "schemes" will be too high for someone. Only the team that will work compactly towards its goal, which will find the courage to make the right decision at the right time, which will better manage the quick dynamics of the game, will win the battle!

AN EXITING, IMMERSIVE, ENGAGING TOURNAMENT SIMILAR TO HUNGER GAMES







A lot of fun together with your colleagues

Give your best in order to achieve a common goal! Participants will be divided into teams distinguished by bibs of different colours. Each team will have a captain who will choose the role of all the team members.

After the preliminary rounds, teams will have to play the semi-finals and then the final. At the end of the activity the prize giving will take place and participants will be able to refresh at the buffet with fruit and energy drinks.

TEAM SPIRIT, LOTS OF FUN AND COMPETITION







# TOUR BY VINTAGE CARS AND VESPAS

A unique and unforgettable corporate event

A tour of Lake Maggiore organized by Ovest Meeting Planner will take you along panoramic lakeside roads to highly picturesque places – not only lovely scenery, but settings redolent of the charm and elegance of the beginning of the 19th century.

We can arrange your transport in Vespa or vintage cars - Alfa Romeo, Triumph, Fiat, MG, VW Beetle, Fiat 500 or Porsche - for tours, company incentives, events, photography and filming services, and presentations.

# ADMIRE THE ENCHANTING LANDSCAPE ABOARD VINTAGE CARS OR VESPA







An exciting activity giving the sensation of flight

Ovest Meeting Planner proposes the Zipline, an exciting activity that will give participants the sensation of flight.

Along a steel cable of more than 1.800 meters (2.000 yards) the dream of flight becomes reality: 90 seconds of pure excitement at the height of 350 meters (380 yards) at 120 km/h (75 mph).

A safe flight that does not require special abilities: a unique experience with a stunning view.

UNIQUE AND CAPTIVATING SENSATIONS







Padel (or Paddle) is similar to tennis and was born in Argentina. The field (20mt x 10mt) is surrounded by glass panels or metal mesh panels. There is no "out court".

Few important rules distinguish this sport from the others: the back walls are part of the game court, so that if the ball bounces against them it can be hit by the racket.

Our trainer master, Thomas, will enter you into the panel world with a short briefing and ah half an hour practice. After this introduction a tournament and a final will be held.

PADEL, THE SPORT OF THE MOMENT







### OVEST DESTINATION ITALIE - Meeting Planner

Piazza IV Novembre, 7 – 28831 Baveno (VB)
Tel: 0323 919890
www.ovestmeetingplanner.com
lagomaggiore@ovest.com









