



INDOOR *ACTIVITIES*



BAR CHALLENGE

Create a new cocktail with your coworkers

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ACTIVITY DESCRIPTION

Drink's preparation:

The barman will show you how to prepare each of the drinks on the list and you will taste a sip of each one of them.

At the end of the demonstration, 3 participants at a time will perform at the bar preparing a drink under the supervision of the bartender.

Each participant will prepare and taste at least two drinks and they will learn when it is time to mix, shake, the history of the drinks they have chosen and the products needed.

THE BEST DRINK WILL BE REWARDED





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FOOD PAIRING CHALLENGE

Food and Beverage challenge: who will be the future master of food pairing?

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SHORT DESCRIPTION

Two or more teams have to create cocktail and recipes presented by professional Chefs and Bartenders and combine them focusing on taste and flavors, and within a given time.

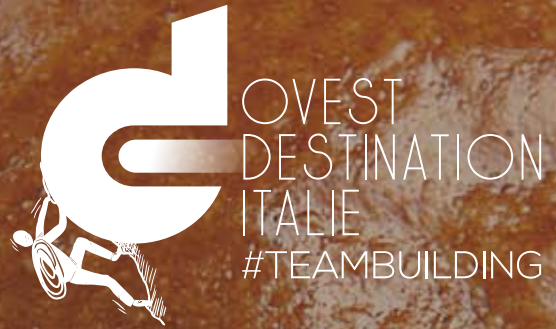
The teams have to prepare and cook the food and nicely present it on the plates. The same has to be done with cocktails.

The Food & Drink Pairing represents a great opportunity to train the team spirit because it works on the resource management and on the manual skills of the participants.

A CREATIVE AND ENGAGING TEAM BUILDING



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SEASONALITY

Fast good: never out of season!

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SHORT DESCRIPTION

"I don't have time, I'll have a sandwich!"

How many times have we heard this sentence? Yet the sandwich can be a complete and tasty dish if made with simple, seasonal and quality ingredients, without forgetting the importance of nutritional balance. Let Dr. Casale guide you in preparing a delicious sandwich or hamburger, made with your own hands, from the ingredients to the sauces!

Step by step you will learn the importance of choosing seasonal ingredients, their properties and the most suitable combinations and why not, even the legendary French fries, revisited for the occasion.

Here is an experience that will make you discover the importance of cooking your meal yourself with seasonal ingredients.

Duration of about 3h

Min. 20 people and Max 80 people

LEARN HOW TO CREATE A COMPLETE AND TASTY DISH



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DRUM CIRCLE & ORCHESTRA

A Team Building with drums and percussion

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SHORT DESCRIPTION

The orchestra metaphor is ideal for reflecting work dynamics within a team. By discovering the equilibrium that guarantees the musical result within an orchestra, participants will be able to perform a song. Learning to play music together is the secret of lasting success. Through this experience, not physically challenging but with a strong emotional impact, it is possible to face up to business themes.

The challenge is a great surprise for the participants, and initially appears to be impossible. They have to become a great orchestra in a few hours. The experience of putting together a musical group will amaze the participants for the speed with which they are able to put into motion mechanisms, which usually take much longer. The orchestra will be able to respond to the conductor, to speed up and slow down, to alter the volume, to perform questions and answers between the various musical sections and to have moments of improvisation.

AN INDOOR MUSICAL TEAM BUILDING



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FORMULA 1 RACE

Collaboration and team work having fun

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SHORT DESCRIPTION

Formula 1 format begins with an emotional video shown on the big screen. Captains of each team will be then called to roll the dice, while the "race cup" game plan will be shown on the big screen with all the pieces in the starting blocks. Afterwards, once the dice have been rolled, the potential score of each team will be shown on the big screen: in order to validate the score, teams have to answer quiz questions about the video correctly. Once done, the pieces will be moved to the right position. Each box is hiding tests to be faced: refueling, pit stop tyre change, head-to-head challenge. Who will be the winner?

LEADERSHIP, COMMUNICATION AND PROBLEM SOLVING



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LEGO BUILDING

Build the city inspired by your company

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SHORT DESCRIPTION

During the technical-corporate brief, guidelines and goals of the activity will be presented to the teams: build different cities whose districts will be realized starting from keywords shared with the company (e.g.: values, quality of the team...).

Each team will have to design its own district and study a way of interlocking with the other districts of the city.

Participants will be divided into teams. Each team will have to organize itself according to the competences and attitudes of the members and will have a dedicated workstation where they will find all the necessary resources to carry out the activity. Each workstation will receive a different project to create its own work within the assigned time.

AN ENGAGING INDOOR TEAM BUILDING



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SECRET BOX

Save the world from pollution

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SHORT DESCRIPTION

Suddenly, a voice, a video, will break the formal moment of the meeting or dinner of the event... It is the voice of the secret agent 008, who will warn everyone that they are about to embark on a path in order to save the world from pollution.

A formula is almost ready to create the enzyme that will be able to destroy the plastic. There's only one secret element missing that the "dark powers" want to hide.

One last chemical agent to add to the formula... But what will be the right colour among those present? To find out, they'll have to solve a series of puzzles contained in briefcases stolen from other secret agents.

But first... they'll have to become real secret agents too!

WILL THE TEAMS MANAGE TO COMPLETE THE MISSION?



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SHOW COOKING

Who will be the masterchef?

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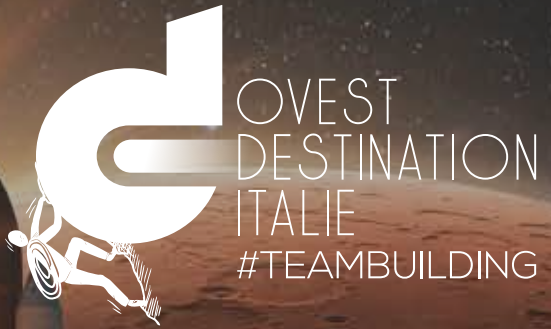
SHORT DESCRIPTION

Team building show cooking is an ideal activity for the team spirit and the leadership development. In the kitchen we find the same rule as in the company: there is a defined hierarchical structure, a shared mission, times, procedures and quality standards to be respected and determined economic and financial goals. A good team as well as a cooking brigade need a leader, good communication and the ability to work together. Show cooking participants will be guided by expert chefs in the preparation of professional and creative menus, which will be then enjoyed during the dinner. The participants will wear aprons and chef's hats and they will prepare their own dinner, following recipes and the advice of the chef. Managing the available resources will be the task of the teams: food, tools and time to prepare the dishes within dinnertime!

SHOW COOKING, AN ADRENALINE SHOCK



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SPACE GAMES

The metaphor of space to launch the company towards "new horizons"

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SHORT DESCRIPTION

Space Games consists of a challenge in which several teams try to build a spaceship made of cardboard and other materials. Each team will have to build one by replicating the one proposed in its instruction envelope or creating one of pure fantasy. In the envelope the specifications will be indicated: minimum and maximum dimensions and data for the spacecraft technical sheet. Once the spaceship has been created, each team will have one minute to present it to the other teams, which will give a vote to designate the best three.

The challenge begins: the simulation of interstellar travel. Two possible variants: each team in a single line, each captain launches the spaceship to the nearest colleague and so on to the last component, or each captain holds the spaceship and walks, the other components walk around the room or in the garden. At a signal, everyone stops, and at this point the launch may have to cover a variable distance, the components of the teams are mixed, there are more difficulties ... but it is an interstellar journey!

The team that first completes the challenge, all of the steps without ever making it fall to the ground, will be the winner.

TEAMS CAN USE RECYCLED MATERIALS



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S P O T A W A R D S

Make a spot for your company!

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SHORT DESCRIPTION

Spot Awards is a Team Building of great impact, both creative and emotional. After the briefing, our trainers will assist the groups according to the aims the company wishes to achieve.

The participants will be split into two teams. Each team will have to define the project and the activities of each member. The teams will have to create the spot and take care of the post-production. The two spots will be shown and the jury will decide who the winner is.

TEAM BUILDING SPOT AWARDS, TEAMWORK
BECOMES A GAME



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TEAM BUILDING PAINT

Add colours and nuances to your business

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SHORT DESCRIPTION

Add colours and nuances to your business in a creative and fun Team Building. With this activity, the participants will show their own creativity thanks to teamwork that will lead them to the production of new ideas and to the realization of a stimulating colourful artistic project.

The different teams, like real artists, will have brushes, paints, a canvas and an easel at their disposal. The goal will be to create a work of art by replicating an existing painting or representing a theme that will be previously chosen.

PARTICIPANTS WILL SHOW THEIR CREATIVITY



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TEAM BUILDING BIG PICTURE

A design object only using recyclable materials

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SHORT DESCRIPTION

Get ready to have a "big picture" made up of a mosaic of canvases, each painted by a different team.

Our graphic designers can create a design that reflects the company's goals, values, mission and vision, transforming them into a unique and totally customized artwork.

In addition to canvas, brushes and paints, participants will have instructions on how to reproduce the design of their card, along with the diagram showing where the card is in the global picture.

The teams will need to communicate with each other to make sure that when the tiles are joined, the connection of lines and colors will be perfect. Creativity, fun and curiosity until the moment when the masterpiece will be revealed for the first time to everyone!

THE TOP CREATIVE TEAMBUILDING
WITHOUT ANY DOUBT



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TEAM BUILDING DESIGN

A design object only using recyclable materials

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SHORT DESCRIPTION

Team Building Design consists of building a design object only using recyclable materials. Participants will be involved in a very dynamic and entertaining activity aiming to make them aware of the use that can still be made of various waste materials that often end up in the garbage. An activity that allows participants to express themselves fully, stimulating inventiveness and creating team spirit.

The participants can either copy real objects, building various pieces of furniture like chairs, a bed, a couch, or they can use their imagination and create authentic objects. All pieces have to be built using recycled materials and following an important rule: "Learning by having fun". At the end, each team will present the ideas and the projects, laying emphasis on the design and the use of the eco - friendly materials used with respect for the environment.

TEAM BUILDING DESIGN WITH RECYCLED MATERIALS



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TEAM BUILDING DOMINO

Will you be able to create the greatest Domino effect ever?

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SHORT DESCRIPTION

The Domino effect is a new form of Team Building that demonstrates the power of co-operation, communication and project planning. It is an ingenious and captivating form of Team Building: a limited period of time, lots of games to win the domino pieces, a great challenge. Split up into small teams, participants will have to realize a Domino project with a fixed number of pieces and create a device able to connect their Domino to those of their colleagues. A series of additional activities will enable teams to gain material to embellish their Domino.

A TEAM BUILDING FULL OF PUZZLES



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TEAM BUILDING LIP DUB

Celebrate the success of your company

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SHORT DESCRIPTION

A creative Team Building: for one day your company becomes the set for a music video clip, whose protagonists are your colleagues themselves.

Participants are split into groups and should study a choreography for a section of the chosen music track, also simulating to sing (in play back). Each group must study the passage of its own scene to that of the next group in a coordinating way. At the end of all the rehearsals.....ready for action! The cameraman will make just one shoot, moving through different rooms and situations rebuilding the entire song in real time.

TEAM BUILDING LIP DUB, AN UNFORGETTABLE EXPERIENCE



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